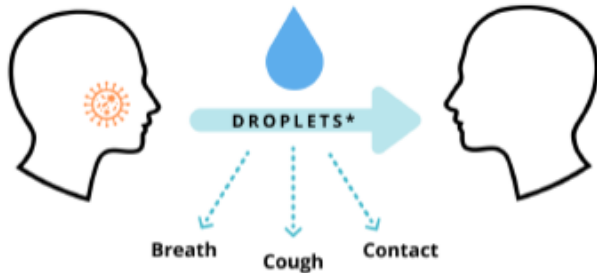### Coronavirus (COVID-19)

For most people in the United States, including most types of workers, the risk of infection with Coronavirus is currently low.

### How does Coronavirus Spread?



Infected people can spread Coronavirus through their respiratory secretions, especially when they cough or sneeze. **Most likely among close contacts (about 6 feet).**

It's currently unclear if a person can get Coronavirus by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.

### What are the Symptoms?



**Symptoms may appear in as few as 2 days or as many as 14 days** after exposure to the virus:

### How can I protect myself from the coronavirus?



- wash hands often with soap and water. If not available, use hand sanitizer.

- avoid touching your eyes, nose, or mouth with unwashed hands.

- avoid contact with people who are sick.

- stay home while you are sick and avoid close contact with others.

- cover your mouth/nose with a tissue or sleeve when coughing or sneezing

Employers should also determine if workers could be exposed to environments (e.g., worksites) or materials (e.g. waste) contaminated with the virus and provide appropriate PPE to protect and diminish potential transmission.